

Appointment Date: ..... Time: .....

Location: .....

Patient Details

DOB

Phone

Medicare No.

Request For

Clinical Details

Doctor's Details

Copy To

Signature

Date

Cardiovascular Risk Factors:  Hypertension  Diabetes  Family Hx  Dyslipidaemia  Smoking

- Consultation\*
- ECG
- Echocardiogram
- Exercise Stress Echocardiogram & Baseline Echocardiogram  with consultation
- Pacemaker Check / Consultation
- 24 Hour Holter Monitoring
- 24 Hour Blood Pressure Monitoring

\* Consultations can be bulk billed on request.  
All diagnostic services are bulk billed except  
24 Hour Blood Pressure Monitoring

Specialty Clinics (tick if applicable)

- Rapid Access Chest Pain Clinic <sup>1</sup>
- Hypertension Clinic <sup>2</sup>
- Atrial Fibrillation Clinic
- Pacemaker Clinic
- Heart Failure Clinic
- General Cardiology Clinic

<sup>1</sup> Most appointments within 24 hours (at selected locations)

<sup>2</sup> Includes 24 Hour Blood Pressure Monitoring at no cost

Preferred consult. location:  Melbourne  Mildura  Bendigo  Ballarat  Horsham  Telehealth

## Patient Instructions:

Please notify us if you are unable to attend.

Please wear a comfortable two piece attire and walking shoes for stress test.

Please bring your referral or doctor's letter to the appointment. Failure to do so may result in your appointment being cancelled.

Bring your Medicare Card with you to the appointment.

Please stop these medicines 48 hours before the stress test, after consulting with your doctor:  
**Atenolol, Sotalol, Metoprolol, Nebivolol, Bisoprolol, Carvedilol, Cardizem, Verapamil, Digoxin.**

For more information please visit the website: [www.australiancardiology.com.au](http://www.australiancardiology.com.au)

### ECG

Records the electrical activity of the heart. The skin is prepared by rubbing or shaving so that the recording dots stick to the skin. Duration: 5 minutes

### Echocardiography

Ultrasound to take pictures of your heart to assess it's function and structure. No preparation needed. Duration: 30 minutes

### Stress Echocardiography

This test involves exercising on a treadmill for a short duration of time while monitoring your heart rhythm and blood pressure. Ultrasound images of heart are taken before and after exercise. Duration: 40 minutes

### Holter Monitoring

Records your heart rate and rhythm for 24 hours. You wear a small recorder with three short wires from the recorder attached to your chest. You can continue your normal activities during the 24 hours of Holter monitoring. The only restriction is no showering. Duration: 10 minutes to fit the recorder

### 24 Hours Blood Pressure Monitoring

Records your frequent blood pressure readings over a 24 hours period of time. You wear a small recorder and a blood pressure cuff. You can continue your normal activities during the 24 hours of monitoring. The only restriction is no showering. Duration: 10 minutes to fit the recorder

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Phone: 1300 122 224

Fax: 1300 122 225

Email: [contact@australiancardiology.com.au](mailto:contact@australiancardiology.com.au)

Website: [www.australiancardiology.com.au](http://www.australiancardiology.com.au)

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## LOCATIONS:

### MILDURA

199, 13th St  
Mildura, VIC 3500

### MELBOURNE

(Head Office)  
157 Scoresby Road, Boronia, VIC 3155

